

UNIKEY®

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ZZZ

Melatonin

90 Tablets

Natural Sleep Support + Antioxidant Boost!



Time-released formula helps you stay asleep



UNI KEY's Melatonin contains 3 mg of Melatonin with added selenium, zinc, and manganese for optimum antioxidant protection 24/7! As the body's biological clock-synchronizing hormone, Melatonin is lesser known for its role as a potent antioxidant linked to cancer protection and regulation of the body's two most powerful free radical scavengers—glutathione and superoxide dismutase. Unlike other antioxidants, Melatonin is able to cross the blood-brain barrier for optimum protection.



Benefits of Melatonin

- ✓ Helps regulate sleep/wake cycles
- ✓ Promotes more restful sleep
- ✓ Resets the body's biological clock as a sleep aid
- ✓ Normalizes sleep schedules for frequent travelers

Did you know?

- Melatonin is more effective at preventing free radical damage to cell membranes than vitamin E
- It's also more effective than glutathione at neutralizing hydroxyl radicals (responsible for over 50% of all free radical damage)

Usage

Adults take one (1) tablet at bedtime or as directed by a health care professional.

Supplement Facts

Amount per serving	% Daily Value
Melatonin	3 mg †
Selenium (amino acid chelate)	50 mcg 140%
Zinc (amino acid chelate)	25 mg 167%
Manganese (amino acid chelate)	5 mg 250%

† Daily value has not been established.

Other ingredients: Dicalcium phosphate, modified cellulose, and magnesium stearate.

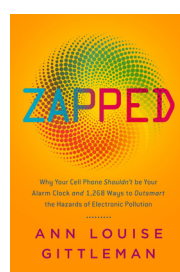
note from

DR. *Ann Louise*™



I recommend that everyone —especially those over 60— take Melatonin, which substantially decreases as we age. This is definitely one supplement you'll want to take!

—Ann Louise Gittleman
PhD, CNS



Read more about Melatonin.